



Fredericksburg Area Soccer Association
Advanced Skills Development Program
6th Annual Advanced Skills Soccer Camp
Spring 2009



The FASA Hotspur Soccer Club is once again offering Skill Develop Sessions for boys & girls ages 8 – 12. Our program combines specific skill training followed by small-sided games. This combination will maximize touches on the ball. The ASDP Spring 2008 program will consist of five sessions. Each training session and individual group of players will be directed/run by United States Soccer Federation (USSF) Licensed coaches and assisted by local High School and/or College players. The cost of the program is \$75 and that includes all five sessions and a T-shirt.

Basic Program Details

Ages: 8 – 12 (broken down by age group based on registration). There are limited slots so register EARLY!

<u>Day</u>	<u>Time</u>	<u>Location</u>
Saturday – February 21st	2:00 – 4:00 PM	Hotspur Park
Sunday – February 22 nd	2:00 – 4:00 PM	Hotspur Park
Monday – February 23rd	4:45 – 6:15 PM	Hotspur Park
Saturday – February 28th	2:00 – 4:00 PM	Hotspur Park
Sunday – March 1st	2:00 – 4:00 PM	Hotspur Park

Training Session Format: Each session will focus on specific skills for filed players such as dribbling, passing, receiving, etc. After skills are introduced and practiced – the last half of the session will be small-sided soccer (i.e. 4v4, 5v5, etc.). The focus will be on proper techniques in a fun / positive learning environment.

Cost: \$75 per player (includes T-shirt)

Coaches / Trainers: USSF Licensed Trainers supplemented with High School players

Registration: You can register using any of the following options

- ON-LINE at www.hotspurs.org - click on the "Advanced Skill Development Program" link - and then click on the on-line registration form.
- Fill out this form and fax it to 866.239.7608 (send registration check to address shown) – or mail registration form and check to 6502 Willow Pond Drive – Fredericksburg - 22407
- **REGISTRATION DATES: December 1st – February 20th**

Registration Information (please complete and forward 6502 Willow Pond Drive – Fredericksburg – 22407)

Player Name _____ Birth Date _____

Address _____

Current Team / Soccer Club _____

Parent / Guardian Name _____

Home Phone _____ Work Phone _____

Email Address _____

Payment Method (circle one): Check Cash T-shirt Size (circle one) Youth S M L AS AM

Signature of Parent / Legal Guardian _____

Please visit www.hotspurs.org for additional information about the Advanced Skills Development Program. Or email Pete Cinalli, Camp Director at Coachingdirector@hotspurs.org